

Monday

Tuesday

Wednesday

Thursday

Friday

6
WG Chicken Tenders
Oven Fries
Steamed Corn
Assorted Fruit & Vegetables

7
Whole Grain Pancakes
Baked Tater Tots
Assorted Low Fat Yogurt
Assorted Fruit & Vegetables

8
Macaroni & Cheese
Whole Grain Dinner Roll
Steamed Vegetable
Assorted Fruit & Vegetable

9
Beef or Chicken Tacos
Assorted Toppings
Mexican Rice
Assorted Fruit & Vegetables

10
Whole Grain Pizza Sticks
Marinara Dipping Sauce
Caesar Salad
Mini Treat
Assorted Fruit & Vegetables

13
Corn Dog or Hot Dog on Whole Grain Bun
Oven Fries
Baked Beans
Assorted Fruit & Vegetables

14
Whole Grain Cinnamon Bun
Baked Hash Brown
Hot Ham
Assorted Fruit & Vegetables

-Early Release-15
Whole Grain Bagel
Egg Patty
Breakfast Sausage
Assorted Fruit & Vegetables

16
Chicken & Broccoli Alfredo Pasta
Whole Grain Dinner Roll
Assorted Fruit & Vegetables

17
WG Gill's Pizza
Assorted Toppings
Caesar Salad
Mini Treat
Assorted Fruit & Vegetables

20
Hamburger/Cheeseburger on Whole Grain Bun
Mini Pickles
Oven Fries
Assorted Fruit & Vegetables

21
Whole Grain Donut
Baked Tater Tots
Egg Patty
Assorted Fruit & Vegetables

22
Teriyaki Chicken
Lo Mein Noodles
Steamed Carrots
Assorted Fruit & Vegetables

23
Pasta with Meat Sauce
Whole Grain Garlic Bread
Steamed Peas
Assorted Fruit & Vegetables

24
Garlic Texas Toast
Caesar Salad
Mini Treat
Assorted Fruit & Vegetables

27
-No School-

28
WG Chicken Nuggets
Mashed Potatoes
Steamed Corn
Assorted Fruit & Vegetables

29
WG French Toast Sticks
Baked Tater Tots
Assorted Low Fat Yogurt
Assorted Fruit & Vegetables

30
Beef or Chicken Nachos
Assorted Toppings
Black Beans
Assorted Fruit & Vegetables

31
WG Gill's Pizza
Assorted Toppings
Caesar Salad
Mini Treat
Assorted Fruit & Vegetables

All meals served with fruit, vegetables, and low fat assorted milk choices

Alternative Meals Offered Daily: Fresh Salads, Select Sandwich, WG Chicken Nugget Meal, Chicken Caesar Wrap, Yogurt Pack
- All Accompanied with Assorted Fresh Fruit, Assorted Fresh Vegetables, and Low Fat Assorted Milk